## Do you plan on having a baby in the next 12 months?

Don't want to worry about remembering birth control?

The hormonal implant contraceptive method is over 99% reliable.

- >> Once placed under the skin of your arm by your doctor, there's nothing else you need for birth control.
- >> Lasts for up to 3 years.
- >> Have it removed, and you're ready for a baby.
- >> Most women have fewer, lighter periods.
- >> Irregular bleeding is the most common side effect.



Some birth control methods, like the hormonal implant, are much more reliable than others.

Learn more about your birth control options >



Photo source: Bob MacDonald; NMCPHC; May 2013